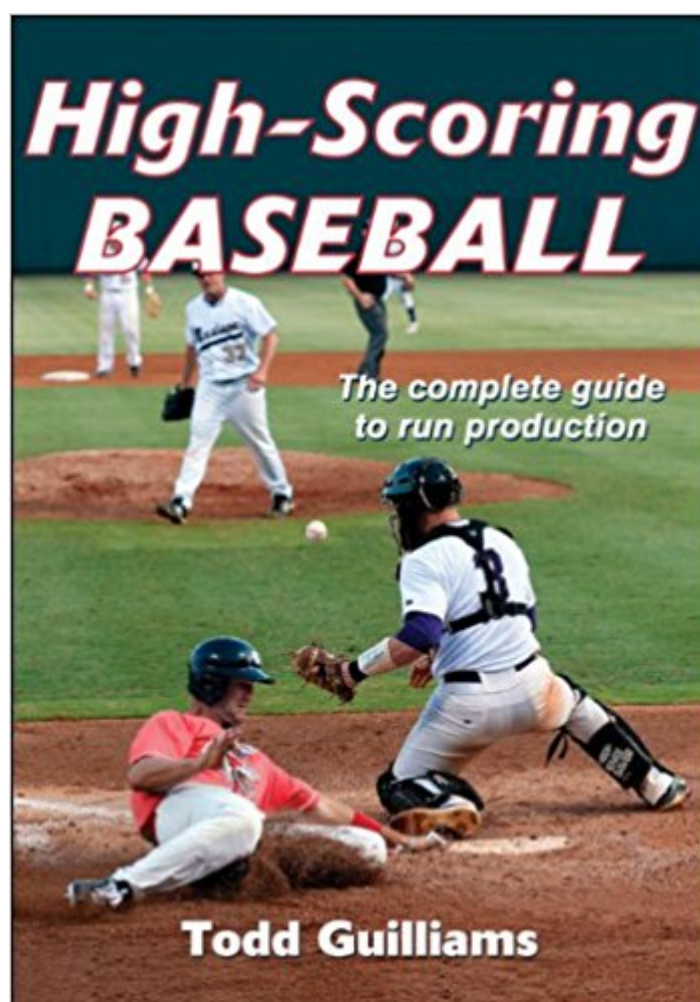


The book was found

High Scoring Baseball



Synopsis

What is the definition of a high-scoring offense? How do you measure a player's offensive productivity? How do you keep your team on track throughout the course of a long season? High-Scoring Baseball is the definitive guide for establishing an aggressive, opportunistic, and disciplined offense. Inside you'll find detailed coverage of the four offensive team goals and the six ways to create offensive pressure that gives every team a chance to be high scorers. Then go inside the numbers for an in-depth analysis of run production. Discover the most common predictors for achieving a big inning, the importance of getting the lead-off hitter on, and the importance of collecting free bases. You'll identify the most effective strategies based on specific game situations as well as the proper mental approach and physical adjustments to execute in those situations. Offense is more than a player's batting average or a team's ability to hit the long ball. It's all about run production. It's a player's ability to achieve a high-quality at-bat and a team's ability to create a big inning. High-Scoring Baseball will change the way you see and play the game. v

Book Information

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Customer Reviews

High Scoring Baseball combines the worlds of sabermetrics with the years of an experienced baseball coach to provide a winning formula for anyone coaching a baseball or softball team. Instead of a book written for "stat-heads" with percentage, ratios, run expectancies, etc. the author uses similar concepts in his discussion of big innings, freebies, and quality at bats to name just a few. Anyone, be it player, coach, or fan will see logical patterns emerge that will put more numbers in the win column of their team.

I've coached baseball at the high school level and been a student of the game for 10+ years and this is the best/most practical book on offense I've ever read. Very thorough. Discusses the importance of Quality At-Bats, freebies, setting goals, the big inning, and how to accomplish all these things and more. A must have for any serious baseball coach. I hope my competition never reads it.

Coach Guilliams shares his offensive system to score runs and award players in a game of failure. I have used QAB's for some time now, but Coach Guilliams takes it to the next level. Backed by seasons of data, the components make sense. I will definitely implement many strategies from this book. A must have book for your coaching library.

A must read for any high school or higher level of competition, and a good read for any coach below that level. The information is very detailed and numbers don't lie. It has changed the way we approach games and each at bat.

Amazing book! The pages are now yellow from all the highlighting great material. Highly recommend this book for any high school coach.

A lot of useful information. Highly recommended for coaches and players looking to improve offensively. When reading this book ring a not pad so you can take notes

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